



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Petermann, Kerstin

Club: Kesselbrunn Runners

Number: 415

Course: 10.00 km

Schwenninger 10-km-Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 57:33

Speed: 10.43 km/h

Running performance: 5:46 min/km

Rank in course/Total: 116 (of 127)

Rank in course/Women: 14 (of 22)

Best time in course: 43:14

Rank in category: 3(of 4)

Best time in the category: 49:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.67	8:27	5:03	3	0:54	14	1:56	1.67	8:27	5:03	3	0:54	14	1:56
Lap 2	2.35	13:21	5:40	3	1:50	16	3:14	4.02	21:48	5:25	3	2:44	16	4:46
Lap 3	2.35	13:51	5:53	3	1:58	15	3:31	6.37	35:39	5:35	3	4:42	15	8:17
Lap 4	2.35	14:02	5:58	3	1:51	14	3:48	8.72	49:41	5:41	3	6:33	14	12:05
Last lap Finish	1.28	7:52	6:08	3	1:04	15	2:14	10.00	57:33	5:45	3	7:37	14	14:19