



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Schlöffel, Antonia

Club: Robert-Bosch-Schule

Number: 75

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend W12 (12 Jahre)

Total time: 18:42

Speed: 9.63 km/h

Running performance: 6:14 min/km

Rank in course/Total: 46 (of 62)

Rank in course/Women: 17 (of 25)

Best time in course: 12:10

Rank in category: 5(of 5)

Best time in the category: 14:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	9:47	5:41	4	2:02	15	2:57	1.72	9:47	5:41	4	2:02	15	2:57
Last lap Finish	1.28	8:55	6:57	5	4:08	17	4:08	3.00	18:42	6:14	5	4:05	17	6:32