



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Hänsgen, Juliane

Club: TSG / WSC 07 Ruhla
Number: 13

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
weibliche Kinder W11 (11 Jahre)

Total time: 15:05

Speed: 11.93 km/h
Running performance: 5:02 min/km

Rank in course/Total: 27 (of 62)

Rank in course/Women: 7 (of 25)

Best time in course: 12:10

Rank in category: 1(of 6)

Best time in the category: 15:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Lap 1	1.72	8:06	4:42	1	-	7	1:16	1.72	8:06	4:42	1	-	7	1:16
Last lap Finish	1.28	6:59	5:27	1	-	5	2:12	3.00	15:05	5:01	1	-	7	2:55