



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Todorov, Onno

Club: LSV Lok Arnstadt
Number: 37

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Kinder M11 (11 Jahre)

Total time: 14:54

Speed: 12.08 km/h
Running performance: 4:58 min/km

Rank in course/Total: 24 (of 62)

Rank in course/Men: 18 (of 37)

Best time in course: 10:25

Rank in category: 4(of 5)

Best time in the category: 12:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.72	8:10	4:44	4	1:03	18	2:31	1.72	8:10	4:44	4	1:03	18	2:31
Last lap Finish	1.28	6:44	5:15	4	1:03	19	1:58	3.00	14:54	4:58	4	2:06	18	4:29