



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Racktäschel, Felix

Club: Gehren
Number: 185

Course: 5.00 km
n3 5-km-Lauf

Category:
männliche Jugend M14 (14 Jahre)

Total time: 24:08

Speed: 12.43 km/h
Running performance: 4:50 min/km

Rank in course/Total: 23 (of 58)

Rank in course/Men: 19 (of 39)

Best time in course: 17:32

Rank in category: 2(of 4)

Best time in the category: 23:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Lap 1	1.38	6:09	4:27	2	0:45	20	1:29	1.38	6:09	4:27	2	0:45	20	1:29
Lap 2	2.34	7:53	3:22	1	-	1	-	3.72	14:02	3:46	1	-	5	1:08
Last lap Finish	1.28	10:06	7:53	4	3:49	38	5:28	5.00	24:08	4:49	2	0:27	19	6:36