



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Mikhailenka, Jeva

Club: Ludwig-Bechstein-Schule

Number: 88

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend W12 (12 Jahre)

Total time: 16:43

Speed: 10.77 km/h

Running performance: 5:34 min/km

Rank in course/Total: 34 (of 62)

Rank in course/Women: 11 (of 25)

Best time in course: 12:10

Rank in category: 4(of 5)

Best time in the category: 14:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	8:40	5:02	3	0:55	9	1:50	1.72	8:40	5:02	3	0:55	9	1:50
Last lap Finish	1.28	8:03	6:17	4	3:16	16	3:16	3.00	16:43	5:34	4	2:06	11	4:33