



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Wulf, Malte

Club: LSV Lok Arnstadt

Number: 171

Course: 5.00 km

n3 5-km-Lauf

Category:

männliche Jugend M13 (13 Jahre)

Total time: 21:47

Speed: 13.77 km/h

Running performance: 4:22 min/km

Rank in course/Total: 7 (of 58)

Rank in course/Men: 6 (of 39)

Best time in course: 17:32

Rank in category: 1(of 1)

Best time in the category: 21:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	5:19	3:51	1	-	5	0:39	1.38	5:19	3:51	1	-	5	0:39
Lap 2	2.34	10:25	4:27	1	-	8	2:32	3.72	15:44	4:13	1	-	7	2:50
Last lap Finish	1.28	6:03	4:43	1	-	8	1:25	5.00	21:47	4:21	1	-	6	4:15