



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Malz, Jasen

Club: Pestalozieschule Ilmenau

Number: 72

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Jugend M13 (13 Jahre)

Total time: 17:38

Speed: 10.21 km/h

Running performance: 5:53 min/km

Rank in course/Total: 41 (of 62)

Rank in course/Men: 25 (of 37)

Best time in course: 10:25

Rank in category: 4(of 4)

Best time in the category: 12:07

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	9:47	5:41	4	3:06	29	4:08	1.72	9:47	5:41	4	3:06	29	4:08
Last lap Finish	1.28	7:51	6:07	4	2:25	23	3:05	3.00	17:38	5:52	4	5:31	25	7:13