



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Malz, Jasen

Club: Pestalozieschule Ilmenau

Number: 72

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Jugend M13 (13 Jahre)

Total time: 17:38

Speed: 10.21 km/h

Running performance: 5:53 min/km

Rank in course/Total: 41 (of 62)

Rank in course/Men: 25 (of 37)

Best time in course: 10:25

Rank in category: 4(of 4)

Best time in the category: 12:07

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 1.72 | 9:47 | 5:41 | 4 | 3:06 | 29 | 4:08 | 1.72 | 9:47 | 5:41 | 4 | 3:06 | 29 | 4:08 |
| Last lap Finish | 1.28 | 7:51 | 6:07 | 4 | 2:25 | 23 | 3:05 | 3.00 | 17:38 | 5:52 | 4 | 5:31 | 25 | 7:13 |