



# 25. Arnstädter Citylauf

Arnstadt / 25.04.2015

## Detailed evaluation

**Keybe, Sebastian**

Club: ASV Erfurt  
Number: 180

Course: 5.00 km  
n3 5-km-Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 17:32

Speed: 17.11 km/h  
Running performance: 3:31 min/km

Rank in course/Total: 1 (of 58)

Rank in course/Men: 1 (of 39)

Best time in course: 17:32

Rank in category: 1(of 10)

Best time in the category: 17:32

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men				
Lap 1	1.38	4:40	3:22	1	-	1	-	1.38	4:40	3:22	1	-	1	-			
Lap 2	2.34	8:14	3:31	1	-	3	0:21	3.72	12:54	3:28	1	-	1	-			
Last lap Finish	1.28	4:38	3:37	1	-	1	-	5.00	17:32	3:30	1	-	1	-			