



25. Arnstädter Citylauf
 Arnstadt / 25.04.2015

Detailed evaluation

Bollmann - Schelle, Michael

Club: Arnstadt
 Number: 4

Course: 3.00 km
 McDonald`s 3-km-Lauf

Category:
 Senioren M35 (35-39 Jahre)

Total time: 17:42

Speed: 10.17 km/h
 Running performance: 5:54 min/km

Rank in course/Total: 44 (of 62)

Rank in course/Men: 27 (of 37)

Best time in course: 10:25

Rank in category: 1(of 1)

Best time in the category: 17:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.72	9:25	5:28	1	-	26	3:46	1.72	9:25	5:28	1	-	26	3:46
Last lap Finish	1.28	8:17	6:28	1	-	27	3:31	3.00	17:42	5:53	1	-	27	7:17