



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

eck, Lucas Hagen

Club: Motor Arnstadt

Number: 6

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 18:03

Speed: 9.97 km/h

Running performance: 6:01 min/km

Rank in course/Total: 45 (of 62)

Rank in course/Men: 29 (of 37)

Best time in course: 10:25

Rank in category: 1(of 1)

Best time in the category: 18:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	9:23	5:27	1	-	25	3:44	1.72	9:23	5:27	1	-	25	3:44
Last lap Finish	1.28	8:40	6:46	1	-	29	3:54	3.00	18:03	6:00	1	-	29	7:38