



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Ehrlich, Etienne

Club: Arnstadt

Number: 126

Course: 5.00 km

n3 5-km-Lauf

Category:

Männer (20-29 Jahre)

Total time: 23:08

Speed: 12.97 km/h

Running performance: 4:38 min/km

Rank in course/Total: 15 (of 58)

Rank in course/Men: 13 (of 39)

Best time in course: 17:32

Rank in category: 5(of 7)

Best time in the category: 18:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	5:38	4:04	4	0:57	13	0:58	1.38	5:38	4:04	4	0:57	13	0:58
Lap 2	2.34	11:14	4:48	5	3:18	15	3:21	3.72	16:52	4:32	5	3:47	14	3:58
Last lap Finish	1.28	6:16	4:53	4	1:28	12	1:38	5.00	23:08	4:37	5	4:54	13	5:36