



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Günsch, Lea

Club: Speedskating Arnstadt e.V.

Number: 9

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Kinder W11 (11 Jahre)

Total time: 18:50

Speed: 9.56 km/h

Running performance: 6:17 min/km

Rank in course/Total: 47 (of 62)

Rank in course/Women: 18 (of 25)

Best time in course: 12:10

Rank in category: 6(of 6)

Best time in the category: 15:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	9:51	5:43	5	1:45	17	3:01	1.72	9:51	5:43	5	1:45	17	3:01
Last lap Finish	1.28	8:59	7:01	6	2:00	18	4:12	3.00	18:50	6:16	6	3:45	18	6:40