



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Bielig, Pascal

Club: LSV Lok Arnstadt

Number: 3

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Kinder M11 (11 Jahre)

Total time: 12:48

Speed: 14.06 km/h

Running performance: 4:16 min/km

Rank in course/Total: 6 (of 62)

Rank in course/Men: 5 (of 37)

Best time in course: 10:25

Rank in category: 1(of 5)

Best time in the category: 12:48

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 1.72 | 7:07 | 4:08 | 1 | - | 5 | 1:28 | 1.72 | 7:07 | 4:08 | 1 | - | 5 | 1:28 |
| Last lap Finish | 1.28 | 5:41 | 4:26 | 1 | - | 5 | 0:55 | 3.00 | 12:48 | 4:15 | 1 | - | 5 | 2:23 |