



25. Arnstädter Citylauf
Arnstadt / 25.04.2015

Detailed evaluation

Bielig, Pascal

Club: LSV Lok Arnstadt
Number: 3

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Kinder M11 (11 Jahre)

Total time: 12:48

Speed: 14.06 km/h
Running performance: 4:16 min/km

Rank in course/Total: 6 (of 62)

Rank in course/Men: 5 (of 37)

Best time in course: 10:25

Rank in category: 1(of 5)

Best time in the category: 12:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.72	7:07	4:08	1	-	5	1:28	1.72	7:07	4:08	1	-	5	1:28
Last lap Finish	1.28	5:41	4:26	1	-	5	0:55	3.00	12:48	4:15	1	-	5	2:23