



25. Arnstädter Citylauf
 Arnstadt / 25.04.2015

Detailed evaluation

Moring, Enzo

Club: Alkersleben
 Number: 145

Course: 5.00 km
 n3 5-km-Lauf

Category:
 männliche Jugend M15 (15 Jahre)

Total time: 26:50

Speed: 11.18 km/h
 Running performance: 5:22 min/km

Rank in course/Total: 30 (of 58)

Rank in course/Men: 24 (of 39)

Best time in course: 17:32

Rank in category: 3(of 3)

Best time in the category: 18:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	5:45	4:10	3	0:46	16	1:05	1.38	5:45	4:10	3	0:46	16	1:05
Lap 2	2.34	12:32	5:21	3	3:39	25	4:39	3.72	18:17	4:54	3	4:25	22	5:23
Last lap Finish	1.28	8:33	6:40	3	3:45	32	3:55	5.00	26:50	5:21	3	8:10	24	9:18