



# 25. Arnstädter Citylauf

Arnstadt / 25.04.2015

## Detailed evaluation

**Kranz, Johann**

Club: FC Eisenach

Number: 85

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Kinder M10 (10 Jahre)

Total time: 13:14

Speed: 13.60 km/h

Running performance: 4:25 min/km

Rank in course/Total: 7 (of 62)

Rank in course/Men: 6 (of 37)

Best time in course: 10:25

Rank in category: 1(of 4)

Best time in the category: 13:14

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	7:19	4:15	1	-	7	1:40	1.72	7:19	4:15	1	-	7	1:40
Last lap Finish	1.28	5:55	4:37	1	-	7	1:09	3.00	13:14	4:24	1	-	6	2:49