



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Hartmann, Jonny

Club: Die flinken gerateler
Number: 134

Course: 5.00 km
n3 5-km-Lauf

Category:
männliche Jugend M14 (14 Jahre)

Total time: 28:28

Speed: 10.54 km/h
Running performance: 5:41 min/km

Rank in course/Total: 36 (of 58)

Rank in course/Men: 29 (of 39)

Best time in course: 17:32

Rank in category: 3(of 4)

Best time in the category: 23:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.38	6:47	4:54	4	1:23	27	2:07	1.38	6:47	4:54	4	1:23	27	2:07
Lap 2	2.34	13:36	5:48	3	5:43	29	5:43	3.72	20:23	5:28	3	6:21	28	7:29
Last lap Finish	1.28	8:05	6:18	3	1:48	27	3:27	5.00	28:28	5:41	3	4:47	29	10:56