



25. Arnstädter Citylauf
 Arnstadt / 25.04.2015

Detailed evaluation

Pierstorf, André

Club: Arnstadt
 Number: 153

Course: 5.00 km
 n3 5-km-Lauf

Category:
 Männer (20-29 Jahre)

Total time: 28:57

Speed: 10.36 km/h
 Running performance: 5:47 min/km

Rank in course/Total: 39 (of 58)

Rank in course/Men: 31 (of 39)

Best time in course: 17:32

Rank in category: 6(of 7)

Best time in the category: 18:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	6:46	4:54	5	2:05	26	2:06	1.38	6:46	4:54	5	2:05	26	2:06
Lap 2	2.34	14:00	5:58	6	6:04	30	6:07	3.72	20:46	5:34	6	7:41	31	7:52
Last lap Finish	1.28	8:11	6:23	6	3:23	28	3:33	5.00	28:57	5:47	6	10:43	31	11:25