



25. Arnstädter Citylauf

Arnstadt / 25.04.2015

Detailed evaluation

Kesler, Maria

Club: Arnstadt

Number: 140

Course: 5.00 km

n3 5-km-Lauf

Category:

Frauen (20-29 Jahre)

Total time: 29:52

Speed: 10.04 km/h

Running performance: 5:58 min/km

Rank in course/Total: 43 (of 58)

Rank in course/Women: 12 (of 19)

Best time in course: 21:13

Rank in category: 2(of 4)

Best time in the category: 23:24

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 1.38 | 6:57 | 5:02 | 2 | 0:54 | 7 | 1:40 | 1.38 | 6:57 | 5:02 | 2 | 0:54 | 7 | 1:40 |
| Lap 2 | 2.34 | 14:10 | 6:03 | 2 | 3:05 | 11 | 4:00 | 3.72 | 21:07 | 5:40 | 2 | 3:59 | 8 | 5:40 |
| Last lap Finish | 1.28 | 8:45 | 6:50 | 2 | 2:29 | 13 | 2:59 | 5.00 | 29:52 | 5:58 | 2 | 6:28 | 12 | 8:39 |