



Detailed evaluation

Messerschmidt/Mahlzahn, Ralf/Kai

Club: Asklepios Medical Team - VIBA
Number: 424

Course: 25.20 km

12. Asklepios Tritrekk Lauf

Category:

Männer Lauf

Total time: 58:35

Speed: 25.60 km/h

Running performance: 2:19 min/km

Rank in course/Total: 1 (of 32)

Rank in course/Men: 1 (of 21)

Best time in course: 58:35

Rank in category: 1(of 21)

Best time in the category: 58:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ziel Kanu	1.30	7:18	5:36	1	-	1	-	1.30	7:18	5:36	1	-	1	-
Start Rad	2.00	fehlt!	-	-	-	-	-	3.30	-	-	-	-	-	-
Ziel Rad	13.70	28:37	2:05	1	-	1	-	17.00	35:55	2:06	22	-	22	-
Start Lauf	2.00	fehlt!	-	-	-	-	-	19.00	-	-	-	-	-	-
Ziel Lauf	6.20	22:40	3:39	1	-	1	-	25.20	58:35	2:19	1	-	1	-