



7. Lauf Rund um das Schaubergwerk Röhrigschacht
Sangerhausen / 28.03.2015

Detailed evaluation

Schröder, Michael

Club: Volkssport Gerbstedt
Number: 265

Course: 14.60 km
14,6 km Lauf - Steigerschleife

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:05:13

Speed: 13.43 km/h
Running performance: 4:28 min/km

Rank in course/Total: 13 (of 136)

Rank in course/Men: 7 (of 116)

Best time in course: 56:36

Rank in category: 1(of 20)

Best time in the category: 1:05:13