



7. Lauf Rund um das Schaubergwerk Röhrigschacht  
Sangerhausen / 28.03.2015

Detailed evaluation

Oestreicher, Jan

Club: LAV-Halensia

Number: 94

Course: 14.60 km

14,6 km Lauf - Steigerschleife

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:10:37

Speed: 12.41 km/h

Running performance: 4:50 min/km

Rank in course/Total: 25 (of 136)

Rank in course/Men: 13 (of 116)

Best time in course: 56:36

Rank in category: 3(of 20)

Best time in the category: 1:05:13