



# 7. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 28.03.2015

## Detailed evaluation

**Wagner, Heiko**

Club: SSV-MG-Ahlsdorf

Number: 177

Course: 14.60 km

14,6 km Lauf - Steigerschleife

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:12:37

Speed: 11.57 km/h

Running performance: 4:58 min/km

Rank in course/Total: 35 (of 136)

Rank in course/Men: 18 (of 116)

Best time in course: 56:36

Rank in category: 3(of 14)

Best time in the category: 1:06:08