



7. Lauf Rund um das Schaubergwerk Röhrigschacht
Sangerhausen / 28.03.2015

Detailed evaluation

Rüdiger, Steffen

Club: Merseburg
Number: 102

Course: 14.60 km
14,6 km Lauf - Steigerschleife

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:12:44

Speed: 11.55 km/h
Running performance: 4:59 min/km

Rank in course/Total: 37 (of 136)

Rank in course/Men: 19 (of 116)

Best time in course: 56:36

Rank in category: 4(of 14)

Best time in the category: 1:06:08