



7. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 28.03.2015

Detailed evaluation

Oberbach, Thomas

Club: SV-Hermsdorf-Thür.

Number: 369

Course: 14.60 km

14,6 km Lauf - Steigerschleife

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:15:17

Speed: 11.16 km/h

Running performance: 5:10 min/km

Rank in course/Total: 45 (of 136)

Rank in course/Men: 23 (of 116)

Best time in course: 56:36

Rank in category: 6(of 20)

Best time in the category: 1:05:13