



7. Lauf Rund um das Schaubergwerk Röhrigschacht
Sangerhausen / 28.03.2015

Detailed evaluation

Heymann, Sven

Club: Sangerhausen

Number: 122

Course: 14.60 km

14,6 km Lauf - Steigerschleife

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:16:40

Speed: 10.96 km/h

Running performance: 5:15 min/km

Rank in course/Total: 51 (of 136)

Rank in course/Men: 26 (of 116)

Best time in course: 56:36

Rank in category: 8(of 20)

Best time in the category: 1:05:13