



## 7. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 28.03.2015

### Detailed evaluation

**Spangenberg, Angelika**

Club: KSV Baunatal

Number: 375

Course: 14.60 km

14,6 km Lauf - Steigerschleife

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:27:56

Speed: 9.55 km/h

Running performance: 6:01 min/km

Rank in course/Total: 100 (of 136)

Rank in course/Women: 4 (of 20)

Best time in course: 1:24:07

Rank in category: 1(of 4)

Best time in the category: 1:27:56