



7. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 28.03.2015

Detailed evaluation

Apel, Manuela

Club: Kelbra

Number: 83

Course: 14.60 km

14,6 km Lauf - Steigerschleife

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:33:45

Speed: 8.96 km/h

Running performance: 6:25 min/km

Rank in course/Total: 117 (of 136)

Rank in course/Women: 7 (of 20)

Best time in course: 1:24:07

Rank in category: 3(of 8)

Best time in the category: 1:24:07