



7. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 28.03.2015

Detailed evaluation

Audehm, René

Club: Sangerhausen

Number: 118

Course: 14.60 km

14,6 km Lauf - Steigerschleife

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:35:09

Speed: 8.83 km/h

Running performance: 6:31 min/km

Rank in course/Total: 121 (of 136)

Rank in course/Men: 54 (of 116)

Best time in course: 56:36

Rank in category: 10(of 20)

Best time in the category: 1:05:13