



7. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 28.03.2015

Detailed evaluation

Bernhardt, Claus

Club: Nordic Walking Südharz Sangerhausen
Number: 112

Course: 14.60 km
14,6 km Nordic Walking/ Wandern

Category:
Herren

Total time: 2:19:29

Speed: 6.02 km/h
Running performance: 9:33 min/km

Rank in course/Total: 13 (of 28)

Rank in course/Men: 4 (of 12)

Best time in course: 1:31:35

Rank in category: 4(of 12)

Best time in the category: 1:31:35