



7. Lauf Rund um das Schaubergwerk Röhrigschacht  
Sangerhausen / 28.03.2015

Detailed evaluation

**Benke, Lyn**

Club: SV Wacker Rottleberode  
Number: 230

Course: 1.00 km  
1 km Lauf - Junior-Cross

Category:  
weibliche Kinder U10

Total time: 4:25

Speed: 13.58 km/h  
Running performance: 4:25 min/km

Rank in course/Total: 81 (of 138)

Rank in course/Women: 22 (of 92)

Best time in course: 3:49

Rank in category: 5(of 44)

Best time in the category: 4:06