



BRL - Hetzdorf
Hetzdorf / 10.05.2015

Detailed evaluation

Bringezu, Kristina

Club: OLV Potsdam

Total time: 44:33

Running performance: 10:17 min/km

Course: 4.33 km / 9 Controls

Category:

Damen ab 45

Rank in category: 4(of 14)

Best time in the category: 39:33

Behind: 5:00

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (35)	3:55	2	0:10	4.4	3:55	2	0:10	4.4
2 (43)	9:05	10	3:08	52.7	13:00	7	2:47	27.2
3 (46)	3:35	2	0:04	1.9	16:35	5	2:39	19.0
4 (56)	6:08	4	0:24	7.0	22:43	5	2:45	13.8
5 (82)	8:01	5	1:07	16.2	30:44	5	3:52	14.4
6 (83)	2:26	7	0:42	40.4	33:10	5	4:26	15.4
7 (85)	4:22	3	0:08	3.2	37:32	5	4:30	13.6
8 (84)	2:27	5	0:23	18.6	39:59	4	4:40	13.2
9 (75)	3:37	5	0:24	12.4	43:36	4	4:55	12.7
Finish	0:57	4	0:05	9.6	44:33	4	5:00	12.6