



BRL - Hetzdorf
Hetzdorf / 10.05.2015

Detailed evaluation

Nitsche, Catrin

Club: Post SV Dresden

Total time: 45:50

Running performance: 10:35 min/km

Course: 4.33 km / 9 Controls

Category:

Damen ab 50

Rank in category: 5(of 22)

Best time in the category: 35:56

Behind: 9:54

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (35)	3:56	3	0:16	7.3	3:56	3	0:16	7.3
2 (43)	7:21	8	1:59	37.0	11:17	4	1:55	20.5
3 (46)	3:51	3	0:26	12.7	15:08	4	2:21	18.4
4 (56)	6:30	5	1:29	29.6	21:38	4	3:50	21.5
5 (82)	9:52	13	3:19	50.6	31:30	5	7:09	29.4
6 (83)	2:15	6	0:43	46.7	33:45	5	7:52	30.4
7 (85)	4:58	6	1:03	26.8	38:43	5	8:55	29.9
8 (84)	2:44	4	0:32	24.2	41:27	5	9:27	29.5
9 (75)	3:19	3	0:18	9.9	44:46	5	9:45	27.8
Finish	1:04	5	0:09	16.4	45:50	5	9:54	27.6