



BRL - Hetzdorf
Hetzdorf / 10.05.2015

Detailed evaluation

Sonnenberg, Olga

Club: Osnabrücker TB

Total time: 41:24

Running performance: 12:37 min/km

Course: 3.28 km / 8 Controls

Category:

Damen ab 55

Rank in category: 3(of 9)

Best time in the category: 33:46

Behind: 7:38

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (57)	5:19	8	1:58	58.7	5:19	8	1:58	58.7
2 (54)	4:44	2	0:27	10.5	10:03	3	2:25	31.7
3 (55)	1:44	6	0:33	46.5	11:47	4	2:58	33.7
4 (70)	3:07	1	-	-	14:54	3	2:56	24.5
5 (65)	5:55	4	0:23	6.9	20:49	3	3:16	18.6
6 (77)	4:00	7	1:33	63.3	24:49	3	4:43	23.5
7 (76)	10:05	4	1:49	22.0	34:54	3	6:32	23.0
8 (75)	5:16	4	0:52	19.7	40:10	3	7:24	22.6
Finish	1:14	4	0:14	23.3	41:24	3	7:38	22.6