



BRL - Hetzdorf
Hetzdorf / 10.05.2015

Detailed evaluation

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Club: IHW Alex Berlin

Total time: 30:37

Running performance: 11:25 min/km

Course: 2.68 km / 6 Controls

Category:

Damen ab 65

Rank in category: 2(of 10)

Best time in the category: 28:25

Behind: 2:12

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (58)	5:21	2	0:16	5.3	5:21	2	0:16	5.3
2 (56)	1:46	2	0:02	1.9	7:07	1	-	-
3 (55)	3:58	6	0:50	26.6	11:05	2	0:40	6.4
4 (63)	4:02	3	0:37	18.1	15:07	2	0:42	4.9
5 (59)	8:49	6	1:51	26.6	23:56	2	2:33	11.9
6 (75)	5:32	2	0:18	5.7	29:28	1	-	-
Finish	1:09	2	0:02	3.0	30:37	2	2:12	7.7