



Detailed evaluation

Uiboupin, Kerstin

Club: OK Voru

Total time: 56:02

Running performance: 9:17 min/km

Course: 6.03 km / 11 Controls

Category:

Damen ab 19 ALang

Rank in category: 5(of 13)

Best time in the category: 54:12

Behind: 1:50

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (47)	4:25	1	-	-	4:25	1	-	-
2 (38)	1:41	3	0:12	13.5	6:06	1	-	-
3 (32)	3:49	2	0:04	1.8	9:55	1	-	-
4 (34)	3:59	4	0:02	0.8	13:54	1	-	-
5 (41)	6:16	2	0:22	6.2	20:10	1	-	-
6 (51)	10:41	11	2:44	34.4	30:51	3	0:16	0.9
7 (52)	3:34	12	1:44	94.6	34:25	6	1:30	4.6
8 (70)	8:18	7	1:37	24.2	42:43	6	2:45	6.9
9 (71)	2:02	8	0:28	29.8	44:45	6	2:51	6.8
10 (82)	4:14	1	-	-	48:59	5	2:03	4.4
11 (75)	6:08	3	0:02	0.6	55:07	5	1:45	3.3
Finish	0:55	5	0:11	25.0	56:02	5	1:50	3.4