



BRL - Hetzdorf
Hetzdorf / 10.05.2015

Detailed evaluation

Rabe, Frank

Club: SV Sedlitz BW 90

Total time: 1:19:36

Running performance: 9:16 min/km

Course: 8.58 km / 12 Controls

Category:

Herren ab 40

Rank in category: 9(of 16)

Best time in the category: 59:08

Behind: 20:28

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (40) | 5:07 | 6 | 0:54 | 21.3 | 5:07 | 6 | 0:54 | 21.3 |
| 2 (32) | 6:13 | 10 | 2:11 | 54.1 | 11:20 | 7 | 2:58 | 35.5 |
| 3 (37) | 5:29 | 7 | 1:06 | 25.1 | 16:49 | 6 | 3:42 | 28.2 |
| 4 (83) | 16:19 | 8 | 3:13 | 24.6 | 33:08 | 8 | 6:43 | 25.4 |
| 5 (87) | 5:48 | 11 | 2:03 | 54.7 | 38:56 | 8 | 8:33 | 28.1 |
| 6 (94) | 5:30 | 5 | 0:29 | 9.6 | 44:26 | 7 | 9:02 | 25.5 |
| 7 (97) | 6:08 | 5 | 0:46 | 14.3 | 50:34 | 7 | 9:48 | 24.0 |
| 8 (100) | 3:12 | 5 | 0:15 | 8.5 | 53:46 | 7 | 10:03 | 23.0 |
| 9 (96) | 2:13 | 5 | 0:11 | 9.0 | 55:59 | 7 | 10:13 | 22.3 |
| 10 (95) | 4:12 | 8 | 1:05 | 34.8 | 1:00:11 | 7 | 10:22 | 20.8 |
| 11 (85) | 13:18 | 14 | 8:08 | 157.4 | 1:13:29 | 9 | 18:30 | 33.7 |
| 12 (75) | 5:09 | 11 | 1:48 | 53.7 | 1:18:38 | 9 | 20:13 | 34.6 |
| Finish | 0:58 | 11 | 0:15 | 34.9 | 1:19:36 | 9 | 20:28 | 34.6 |