



BRL - Hetzdorf
Hetzdorf / 10.05.2015

Detailed evaluation

Ochmann, Gert

Club: OK Leipzig

Total time: 42:26

Running performance: 12:56 min/km

Course: 3.28 km / 8 Controls

Category:
Herren ab 70

Rank in category: 5(of 11)

Best time in the category: 35:11

Behind: 7:15

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (57)	3:45	2	0:17	8.2	3:45	2	0:17	8.2
2 (54)	4:27	1	-	-	8:12	2	0:04	0.8
3 (55)	1:26	1	-	-	9:38	1	-	-
4 (70)	5:43	10	3:20	139.9	15:21	6	3:02	24.6
5 (65)	7:28	8	2:47	59.4	22:49	7	5:47	34.0
6 (77)	4:07	10	2:03	99.2	26:56	7	7:50	41.0
7 (76)	9:37	3	0:20	3.6	36:33	7	8:10	28.8
8 (75)	4:49	2	0:21	7.8	41:22	5	7:32	22.3
Finish	1:04	1	-	-	42:26	5	7:15	20.6