



Detailed evaluation

Friedrichs, Bjarne

Club: MTV Seesen

Total time: 1:23:35

Running performance: 5:53 min/km

Course: 14.20 km / 18 Controls

Category:
Herren Elite

Rank in category: 3(of 23)

Best time in the category: 1:18:50

Behind: 4:45

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (40) | 3:33 | 4 | 0:10 | 4.9 | 3:33 | 4 | 0:10 | 4.9 |
| 2 (31) | 5:07 | 7 | 0:19 | 6.6 | 8:40 | 4 | 0:25 | 5.1 |
| 3 (33) | 2:34 | 5 | 0:18 | 13.2 | 11:14 | 5 | 0:43 | 6.8 |
| 4 (39) | 2:20 | 4 | 0:09 | 6.9 | 13:34 | 5 | 0:37 | 4.8 |
| 5 (53) | 7:55 | 7 | 0:27 | 6.0 | 21:29 | 5 | 0:44 | 3.5 |
| 6 (62) | 4:11 | 2 | 0:06 | 2.5 | 25:40 | 3 | 0:35 | 2.3 |
| 7 (64) | 2:35 | 1 | - | - | 28:15 | 3 | 0:20 | 1.2 |
| 8 (101) | 16:53 | 4 | 1:39 | 10.8 | 45:08 | 2 | 1:50 | 4.2 |
| 9 (97) | 2:26 | 4 | 0:06 | 4.3 | 47:34 | 2 | 1:56 | 4.2 |
| 10 (100) | 2:15 | 1 | - | - | 49:49 | 2 | 1:49 | 3.8 |
| 11 (104) | 6:33 | 5 | 0:36 | 10.1 | 56:22 | 2 | 2:25 | 4.5 |
| 12 (105) | 0:47 | 4 | 0:03 | 6.8 | 57:09 | 2 | 2:28 | 4.5 |
| 13 (103) | 4:29 | 5 | 0:24 | 9.8 | 1:01:38 | 2 | 2:52 | 4.9 |
| 14 (102) | 5:52 | 4 | 0:39 | 12.5 | 1:07:30 | 3 | 3:21 | 5.2 |
| 15 (93) | 6:33 | 4 | 0:42 | 12.0 | 1:14:03 | 3 | 4:03 | 5.8 |
| 16 (83) | 4:19 | 3 | 0:22 | 9.3 | 1:18:22 | 3 | 4:25 | 6.0 |
| 17 (76) | 1:57 | 4 | 0:08 | 7.3 | 1:20:19 | 3 | 4:33 | 6.0 |
| 18 (75) | 2:37 | 7 | 0:09 | 6.1 | 1:22:56 | 3 | 4:41 | 6.0 |
| Finish | 0:39 | 4 | 0:04 | 11.4 | 1:23:35 | 3 | 4:45 | 6.0 |