



Detailed evaluation

Sonnenberg, Andrej

Club: Osnabrücker TB

Total time: 1:25:55

Running performance: 6:03 min/km

Course: 14.20 km / 18 Controls

Category:
Herren Elite

Rank in category: 5(of 23)

Best time in the category: 1:18:50

Behind: 7:05

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (40)	4:22	14	0:59	29.1	4:22	14	0:59	29.1
2 (31)	4:52	3	0:04	1.4	9:14	8	0:59	11.9
3 (33)	2:43	8	0:27	19.9	11:57	6	1:26	13.6
4 (39)	2:12	2	0:01	0.8	14:09	6	1:12	9.3
5 (53)	7:52	6	0:24	5.4	22:01	7	1:16	6.1
6 (62)	4:25	5	0:20	8.2	26:26	7	1:21	5.4
7 (64)	3:11	7	0:36	23.2	29:37	6	1:42	6.1
8 (101)	16:06	2	0:52	5.7	45:43	3	2:25	5.6
9 (97)	2:36	8	0:16	11.4	48:19	4	2:41	5.9
10 (100)	2:36	9	0:21	15.6	50:55	5	2:55	6.1
11 (104)	6:16	3	0:19	5.3	57:11	4	3:14	6.0
12 (105)	1:09	13	0:25	56.8	58:20	4	3:39	6.7
13 (103)	5:32	12	1:27	35.5	1:03:52	6	5:06	8.7
14 (102)	5:17	2	0:04	1.3	1:09:09	4	5:00	7.8
15 (93)	6:30	3	0:39	11.1	1:15:39	4	5:39	8.1
16 (83)	4:51	8	0:54	22.8	1:20:30	4	6:33	8.9
17 (76)	2:11	10	0:22	20.2	1:22:41	5	6:55	9.1
18 (75)	2:38	8	0:10	6.8	1:25:19	5	7:04	9.0
Finish	0:36	3	0:01	2.9	1:25:55	5	7:05	9.0