



BRL - Hetzdorf  
Hetzdorf / 10.05.2015

## Detailed evaluation

Kapischke, Solveig

Club: OK Mark Brandenburg

Total time: 1:00:38

Running performance: 11:26 min/km

Course: 5.30 km / 9 Controls

Category:

Damen ab 40

Rank in category: 5(of 12)

Best time in the category: 44:50

Behind: 15:48

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (35)	5:11	8	1:51	55.5	5:11	8	1:51	55.5
2 (43)	10:07	8	4:21	75.4	15:18	9	5:28	55.6
3 (56)	8:06	4	1:05	15.4	23:24	7	6:12	36.1
4 (88)	11:44	5	3:59	51.4	35:08	5	8:34	32.3
5 (81)	2:59	5	0:39	27.9	38:07	5	8:47	29.9
6 (90)	2:13	5	0:26	24.3	40:20	5	8:57	28.5
7 (85)	10:19	8	3:00	41.0	50:39	5	11:57	30.9
8 (84)	5:11	12	3:05	146.8	55:50	7	15:02	36.9
9 (75)	3:54	5	0:58	33.0	59:44	5	15:50	36.1
Finish	0:54	2	0:02	3.9	1:00:38	5	15:48	35.2