



45. Brockenlauf  
Ilseburg / 05.09.2015

Detailed evaluation

Kreft, Ruben

Club: Bielefeld  
Number: 604

Course: 3.90 km  
3,9 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 21:50

Speed: 8.24 km/h

Rank in course/Total: 25 (of 42)

Rank in course/Men: 13 (of 19)

Best time in course: 14:34

Rank in category: 1(of 1)

Best time in the category: 21:50

Intermediate times

Stage score

Total ranking

| Control           | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |               |             |                |            |               |
|-------------------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|---------------|---------------|---------------|-------------|----------------|------------|---------------|
|                   |             |               |               |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Prinzess Ilse Que | 1.90        | 11:40         | 5.14          | 1           | -              | 12          | 4:17          | 1.90          | 11:40         | 5.14          | 1           | -              | 12         | 4:17          |
| Ilseburg/Markt    | 2.00        | 10:10         | 11.80         | 1           | -              | 13          | 2:59          | 3.90          | 21:50         | 8.24          | 1           | -              | 13         | 7:16          |