



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Liss, Lothar

Club: Tean G. Liss
Number: 811

Course: 3.90 km
3,9 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 20:20

Speed: 11.51 km/h

Rank in course/Total: 16 (of 42)

Rank in course/Men: 10 (of 19)

Best time in course: 14:34

Rank in category: 1(of 2)

Best time in the category: 20:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Prinzess Ilse Que	1.90	10:59	10.38	1	-	9	3:36	1.90	10:59	10.38	1	-	9	3:36
Ilseburg/Markt	2.00	9:21	12.83	1	-	8	2:10	3.90	20:20	11.51	1	-	10	5:46