



45. Brockenlauf
Ilsenburg / 05.09.2015

Detailed evaluation

Knoche, Bernd

Club: Ascamic Aschersleben
Number: 1173

Course: 3.90 km
3,9 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 23:04

Speed: 7.80 km/h

Rank in course/Total: 30 (of 42)

Rank in course/Men: 16 (of 19)

Best time in course: 14:34

Rank in category: 1(of 1)

Best time in the category: 23:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Prinzess Ilse Que	1.90	12:12	4.92	1	-	16	4:49	1.90	12:12	4.92	1	-	16	4:49
Ilsenburg/Markt	2.00	10:52	11.04	1	-	15	3:41	3.90	23:04	7.80	1	-	16	8:30