



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Pluskota, Gerhard

Club: Seelze
Number: 650

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 46:02

Speed: 12.51 km/h

Rank in course/Total: 44 (of 208)

Rank in course/Men: 37 (of 134)

Best time in course: 32:58

Rank in category: 14(of 21)

Best time in the category: 32:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Loddenke	6.30	32:47	11.53	15	9:51	40	9:51	6.30	32:47	11.53	15	9:51	40	9:51
Ilseburg/Markt	3.30	13:15	14.94	10	3:19	26	3:19	9.60	46:02	12.51	14	13:04	37	13:04