



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Derusen, Esther

Club: AV Veluwe
Number: 1196

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 49:28

Speed: 11.64 km/h

Rank in course/Total: 65 (of 208)

Rank in course/Men: 53 (of 134)

Best time in course: 32:58

Rank in category: 8(of 12)

Best time in the category: 39:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	6.30	35:21	10.69	8	7:26	57	12:25	6.30	35:21	10.69	8	7:26	57	12:25
Ilseburg/Markt	3.30	14:07	14.03	7	2:12	44	4:11	9.60	49:28	11.64	8	9:38	53	16:30