



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Selz, Christian

Club: Ilseburg
Number: 776

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 49:45

Speed: 11.58 km/h

Rank in course/Total: 66 (of 208)

Rank in course/Men: 54 (of 134)

Best time in course: 32:58

Rank in category: 5(of 14)

Best time in the category: 43:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Loddenke	6.30	34:46	10.87	5	4:28	53	11:50	6.30	34:46	10.87	5	4:28	53	11:50
Ilseburg/Markt	3.30	14:59	13.21	5	2:20	61	5:03	9.60	49:45	11.58	5	6:45	54	16:47