



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Muhs, Alexander

Club: Bovenden
Number: 682

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 51:20

Speed: 11.22 km/h

Rank in course/Total: 84 (of 208)

Rank in course/Men: 66 (of 134)

Best time in course: 32:58

Rank in category: 11(of 18)

Best time in the category: 38:58

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos | | Behind | | Total km | Total Time | Total km/h | Pos | | Behind | |
|----------------|-------------|---------------|---------------|------|-----|--------|-------|-------------|---------------|---------------|------|-----|--------|-------|
| | | | | Cat. | Men | Cat. | Men | | | | Cat. | Men | Cat. | Men |
| Loddenke | 6.30 | 35:43 | 10.58 | 11 | 62 | 8:27 | 12:47 | 6.30 | 35:43 | 10.58 | 11 | 62 | 8:27 | 12:47 |
| Ilseburg/Markt | 3.30 | 15:37 | 12.68 | 12 | 81 | 3:55 | 5:41 | 9.60 | 51:20 | 11.22 | 11 | 66 | 12:22 | 18:22 |