



45. Brockenlauf
Ilsenburg / 05.09.2015

Detailed evaluation

Muhs, Alexander

Club: Bovenden
Number: 682

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 51:20

Speed: 10.52 km/h

Rank in course/Total: 84 (of 208)

Rank in course/Men: 66 (of 134)

Best time in course: 32:58

Rank in category: 11(of 18)

Best time in the category: 38:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Loddenke	6.30	35:43	10.08	11	62	8:27	12:47	6.30	35:43	10.08	11	62	8:27	12:47
Ilsenburg/Markt	3.30	15:37	11.53	12	81	3:55	5:41	9.60	51:20	10.52	11	66	12:22	18:22