



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Muhs, Alexander

Club: Bovenden
Number: 682

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 51:20

Speed: 10.52 km/h

Rank in course/Total: 84 (of 208)

Rank in course/Men: 66 (of 134)

Best time in course: 32:58

Rank in category: 11(of 18)

Best time in the category: 38:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Loddenke	6.30	35:43	10.08	11	8:27	62	12:47	6.30	35:43	10.08	11	8:27	62	12:47
Ilseburg/Markt	3.30	15:37	11.53	12	3:55	81	5:41	9.60	51:20	10.52	11	12:22	66	18:22