



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Strate, Heike

Club: LF Ehberg 02
Number: 629

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 51:45

Speed: 10.43 km/h

Rank in course/Total: 91 (of 208)

Rank in course/Women: 20 (of 74)

Best time in course: 41:18

Rank in category: 2(of 7)

Best time in the category: 51:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	6.30	36:17	9.92	2	0:29	20	7:52	6.30	36:17	9.92	2	0:29	20	7:52
Ilseburg/Markt	3.30	15:28	11.64	1	-	21	2:43	9.60	51:45	10.43	2	0:23	22	10:27