



45. Brockenlauf
Ilseburg / 05.09.2015

Detailed evaluation

Zierdt, Iris

Club: LAV 07 Bad Harzburg
Number: 726

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 52:25

Speed: 10.30 km/h

Rank in course/Total: 95 (of 208)

Rank in course/Women: 21 (of 74)

Best time in course: 41:18

Rank in category: 4(of 11)

Best time in the category: 43:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	6.30	36:29	9.87	4	6:15	21	8:04	6.30	36:29	9.87	4	6:15	21	8:04
Ilseburg/Markt	3.30	15:56	11.30	5	2:33	26	3:11	9.60	52:25	10.30	4	8:45	23	11:07